

# MONTH AT A GLANCE

## Happenings at the Gym

A look at what the Bombay Gym has lined up for you...

10 July to 11 August

<p><b>JULY</b></p> <p>Save these dates on your calendar now!</p>	<p><b>10</b> FRI</p> <p><b>DJ &amp; VDJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>11</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>12</b> SUN</p> <p><b>STEAK FESTIVAL</b> Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>
<p><b>14</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>15</b> WED</p> <p><b>The BG Libfest 2026</b> Khatijabai of Karmali Terrace A play by QTP</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p><b>16</b> THU</p> <p><b>The BG Libfest 2026</b> Film Night</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
<p><b>17</b> FRI</p> <p><b>The BG Libfest 2026</b> Quiz Night at the Bar!</p> <p><b>Live Band – The Rickshawala</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>		<p><b>18</b> SAT</p> <p><b>The BG Libfest 2026</b> When It All Began The Mumbai Crime Story Author &amp; former DGP Rakesh Maria</p> <p><b>DJ Gym's Inn</b> Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>19</b> SUN</p> <p><b>The BG Libfest 2026</b> The Singing &amp; Ringing Tree Puppet show &amp; puppet making for the family with Charu Prasad</p>
<p><b>Kerala Food Festival</b> Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>	<p><b>21</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p><b>22</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
<p><b>23</b> THU</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>24</b> FRI</p> <p><b>DJ &amp; VDJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>25</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>26</b> SUN</p> <p><b>Italian Food Festival</b> by The Café Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>

\* Events are subject to change in case of any Gymkhana functions. Check with reception closer to the date.

# MONTH AT A GLANCE

	<p><b>28</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>29</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	
<p><b>30</b> THU</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>31</b> FRI</p> <p><b>DJ &amp; VDJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>AUGUST</b></p> <p>Save these dates on your calendar now!</p>	<p><b>1</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>
<p><b>2</b> SUN</p> <p><b>Street Food Festival</b> Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>		<p><b>4</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	
<p><b>5</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>6</b> THU</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p><b>7</b> FRI</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
<p><b>8</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>		<p><b>9</b> SUN</p> <p><b>Kebabs, Curries &amp; Biryani Festival</b> Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>	<p><b>10</b> MON</p> <p><b>MEET THE AUTHOR</b> Dheera Kitchlu At The Book Club 6:00 pm - 7:00 pm At 1875</p>

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# SPORTS DETAILS

## BADMINTON

Operational from 7.00 am to 8.30 pm  
(On all days of the week).

### **COACHING: Shuttle Craze Academy,**

Wed, 3.00 pm to 6.00 pm;  
Sat & Sun, 11.00 am to 1.00 pm.

Fees: Members: 2,000/- pm + GST;  
Members' Guest: 3,000/- pm + GST

## EVENTS

Bombay Gymkhana Badminton League  
– 24th and 25th July 2026

## BILLIARD & SNOOKER

Operational from 12.00 noon to 9.00 p.m.  
(On all days of the week).

## BRIDGE

Operational from 10.30 am to 7.30 pm  
Member's tournament on 2nd & 4th Friday  
at Bridge Room

Open tournament every Tuesday –  
2:15 pm to 5:30 pm at Dining Hall  
Bridge Training for Beginners & Intermediate –  
3 pm to 5:30 pm at Bridge Room

## BOOT CAMP PROGRAM

By Fitness Force. Open for members above 14 years only.  
Every Tuesday & Thursday, from 7.30 am to 8.30 am  
at our lush green lawns. Fees: 2,000/- pm + GST  
for members.  
Call Sports Office\* for registration

## CRICKET

Cricket season closed due to Monsoons

## BOMBAY GYMKHANA FITNESS CENTER

Newly renovated UFC section open for Members  
from 6am to 10pm  
Contact Sports Office\* for more details.

## FOOTBALL

Men's & women's coaching Monday, Wednesday, Friday  
Timing 7.30 to 9.30 pm

### **Kids & Ladies Football Coaching**

For children on Mon/Wed/Fri/ from 5.00 pm to 6.00 pm.  
Charges: Members: 1,000/- pm + GST (U-7 to U-14),  
Members: 2,200/- pm + GST (U-4),  
Members' Guest: 3,000/- pm + GST (U-7 to U-14),  
Members' Guest: 3,200/- pm + GST (U-4).  
For U15 & Women's team, from 5.00 pm to 8.00 pm.  
Contact Sports Office\* for registration.

## MAH-JONG

Training program – Every Tuesday & Friday  
(11 am to 1 pm) at Bridge Room  
Regular playing sessions: Monday to Saturday  
(excluding Thursday) 10:30 am to 1:00 pm  
at Bridge Room & 2:00 pm to 6:00 pm in MPR 1

Sunday – 10.30 am to 6.00 pm at MPR 1  
Contact Sports office for further details.

## RUGBY

Rugby Team Training - 6.30 am to 9.00 am  
& 6.00 pm to 9.00 pm on Tue/Thu/Sat.  
Start of New Rugby Season

## SQUASH

Operational from Mon-Sat: 7.00 am to 8.30 pm;  
Sun & bank holidays: 8.00 am to 7.30 pm.

### **COACHING by Zest for Sports & More.**

Tue to Fri, 2.30 pm to 5.30 pm, and  
Sat and Sun, 9.00 am to 1.00 pm

#### **Fees for Members:**

Beginners: 7,000/- pm + GST;  
Intermediate: 9,500/- pm + GST;  
Advance: 15,000/- pm + GST;  
Advance 2 (Elite): 18,000/- pm + GST;

#### **Fees for Guests:**

Intermediate: 15,000/- pm + GST;  
Advance: 18,000/- pm + GST;  
Advance 2 (Elite): 25,000/- pm + GST

## TENNIS & PADEL

Operational from 7.00 am to 9.30 pm on all days of the week.

### **Coaching by Professional Tennis Academy**

Mon to Fri, 3.30 pm to 6.30 pm, and Saturday &  
Sunday, 9.30 am to 11.30 am.

A – Beginners' batch – 3 times a week  
for 1 hour each – 2,352/- pm

B – Beginners' batch – 5 times a week  
for 1 hour each – 3,652/- pm

C – Mini Tennis batch (4 to 6 yrs.) – 3 times a week  
for 1 hour each – 1,565/- pm

D – Juniors batch – Sat/Sun – 4,372/- pm

E – Adults batch – Sat/Sun – 4,190/- pm

F – Intermediate batch – 3 times a week without fitness  
– 4,189/- pm

G – Intermediate batch – 3 times a week with fitness  
– 6,846/- pm

H – Intermediate batch – 5 times a week without fitness  
– 6983/- pm

I – Intermediate batch – 5 times a week with fitness  
– 9,640/- pm

J – Advanced batch – 3 times a week for 1 hour without fitness  
– Members – 5,539/- pm / Non – Members – 7,700/- pm

K – Advanced batch – 3 times a week for 1 hour with fitness  
– Members – 7,805/- pm / Non – Members – 8,800/- pm

L – Advanced batch – 5 times a week for 1 hour without fitness  
– Members – 10,274/- pm / Non – Members – 13,356/- pm

M – Advanced batch – 5 times a week for 1 hour with fitness  
– Members – 12,540/- pm / Non-Members – 16,302/- pm

N – Advanced batch – 3 times a week for 1.5 hours  
– Members -12,430/- pm / Non-members – 13,230 /- pm

O – Advanced batch – 5 times a week for 1.5 hours  
– Members - 16,962/- pm / Non-Members – 22,051/- pm

P – Advanced batch playing members

– 5 times a week for 1.5 hours – 25,757/- pm  
Q – Super Advanced batch – 5 times a week for 2 hours – 22,061/- pm

### **PADEL COURT**

Padel Court operational for Members, booking to be done from Huddle App.  
Court timings are from 7.00 am to 11.00 pm on all days.

### **EVENTS**

Bombay Gymkhana Mexicano Tournament on 11th July and 12th July

### **SWIMMING**

Operational from 6.30 am to 9.30 pm for members and children.  
Guests permitted all days of the week.

### **Kids' coaching by Vistasp Besania**

Beginners Batch: Monday to Friday – 5:00 to 5:45 pm & Saturday – 4:00 to 4:45 pm  
Pre-Advanced Batch: Monday to Friday – 5:45 to 6:45 pm & Saturday – 4:45 to 5:45 pm  
Duration: 12 sessions per month – Fees: 3,000/- pm + GST per member.  
16 sessions per month – Fees: 4,000/- pm + GST per member.  
20 sessions per month – Fees: 5,000/- pm + GST per member.  
24 sessions per month – Fees: 6,000/- pm + GST per member.

### **Competitive Coaching by Manoj Balekar**

Batch: Monday to Friday – 4:45 to 6:15 pm  
Fees: Monthly – Rs. 6000 + taxes per month

### **Aqua Aerobics by Snehal Bhal**

Batch: Mon/Wed/Fri, from 8.00 am to 9.00 am.  
Individual Sessions: Members - Rs. 575/- session.  
2 sessions per week: Rs. 2,600/- per month.  
3 Sessions per week: Rs. 3,850/- per month.  
3 Sessions per week (3 months' commitment): Rs. 3,200/- per month.

### **Weekend Coaching by Vistasp Besania (Open for all ages)**

Batch: Saturday and Sunday, from 9.30 to 10.30 am.  
Duration: 8/10 sessions a month.

### **FEES:**

Monthly – Rs. 2500 + taxes per month  
4 session plan – Rs. 2100 + taxes per month  
Per session – Rs. 500 + taxes per month

### **1-on-1 by Ravi Babar (45-minute slots)**

Single Session 400 + taxes per month.  
Shared Sessions: (Max 2 per session) 750 + taxes per month.  
Single Session: Rs. 3200 + taxes per month.  
Shared Session: 6000 + taxes per month, debited to single member account.

### **HYBRID YOGA**

Hybrid Yoga Sessions on Mon/Wed/Fri from 8.15 am to 9.15 am at the Palm Court.  
Fees: Members: 750/- pm + GST; Members' Guests: 1,500/- pm + GST.  
Members' Guests attending physically: 2,500/- pm + GST.  
Contact Sports Office\* for registration.

### **FUN FITNESS BY ATUL GUPTA**

Sat - 10:30 am to 11:30 am  
Venue: Dining Hall

Charges: Members: 1000/- + GST per Month / Guests: 1250/- + GST per Month

*Dates and timings are liable to change. Check with the Sports Office for confirmation. 🚩 = One-off events to look out for*  
Sports Office Tel.: +91 22 2207 0311-4 / 022 4322 400, Ext. 443 / 411. What's App/Call: +91 98696 62525